

DROP-IN CLASSES

Only \$10 / 30-min class

MAY

2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
29 12 Poses 8 :30 Melanie	30	01 12 Poses 8 :30 Melanie Strength 9:00 Melanie	02	03 12 Poses 8 :30 Genevieve
06	07	08 12 Poses 8 :30 Melanie	09 12 Poses 8 :30 Genevieve Posture Ex & Relax 9:00 Genevieve	10 12 Poses 8 :30 Melanie
13	14 12 Poses 8 :30 Melanie Strength 9:00 Melanie	15	16 12 Poses 8 :30 Genevieve Feedback 9:00 Genevieve	17 12 Poses 8 :30 Genevieve
20	21 Balance 8:00 Genevieve 12 Poses 8 :30 Genevieve	22 12 Poses 8 :30 Genevieve	23 12 Poses 8 :30 Genevieve	24
27 Memorial Day !	28	29 12 Poses 8 :30 Genevieve	30 12 Poses 8 :30 Genevieve	31 <i>TIMES SHOWN IN EASTERN TIME</i>